

2025 Lent and Easter Schedule 四旬期及復活節時間表

(更新 updated : 2025.02.17)

<p>Ash Wednesday : Mar.5th, distribution of Ashes in 9:10 am morning Mass, and 8pm evening Mass.</p>	<p>聖灰禮儀 : 3月5日星期三進入四旬期 早晚彌撒有施放聖灰</p>
<p>Station of The Cross : Mar.7th to Apr.11th - every Friday at 8:00 pm; followed by evening Mass.</p>	<p>苦路善功 : 3月7日 - 4月11日 每週星期五 晚上8時 拜苦路; 隨後舉行晚間彌撒</p>
<p>First Sunday of Lent : Mar.8th & 9th, distribution of Ashes at Sunday Masses</p>	<p>四旬期第一主日 : 3月8/9日, 主日彌撒施放聖灰</p>
<p>Lent Retreats (Don Bosco Hall) :</p> <ul style="list-style-type: none"> • Mar. 15th – 10am-4pm Children’s retreat • Mar. 22nd – 10am-3pm Cantonese • Mar. 29th – 10am-3pm Mandarin <p><i>*Confession and Anointing for the elderly after the adult retreats*</i> <i>Registration: to be announced</i></p>	<p>四旬期避靜 (聖鮑思高禮堂) :</p> <ul style="list-style-type: none"> • 3月15日 10am-4pm 兒童避靜 • 3月22日 10am-3pm (粵語) 主講: 張少麟神父 • 3月29日 10am-3pm (國語) 主講: 張少麟神父 <p><i>*粵語及國語避靜後(3pm)有長者告解及傅油*</i> <i>報名: 容後公佈</i></p>
<p>Lenten Confessions :</p> <ul style="list-style-type: none"> • Mon-Fri. Apr.7-11th : hour before and after Mass. • Tues. Apr.8th : 7:00-9:00 pm – priests from other parishes are invited to come to hear confessions. <p><i>*Apr. 8th evening Adoration and Mass are cancelled.*</i></p>	<p>四旬期修和聖事 :</p> <ul style="list-style-type: none"> • 4月7-11日 告解週; 彌撒前後一小時 • 4月8日星期二 告解日; 7:00-9:00pm 邀請其他堂區神父幫忙聽告解 <p><i>*4月8日晚上明供聖體及彌撒取消*</i></p>
<p>The Solemnity of Palm Sunday :</p> <ul style="list-style-type: none"> • Sat. Apr.12th 6:00pm Mass – Palm Sunday Procession, solemn entrance 	<p>聖枝主日 :</p> <ul style="list-style-type: none"> • 4月12日星期六 6:00pm 彌撒 – 聖枝遊行
<p>Easter Triduum :</p> <ul style="list-style-type: none"> • Apr.17th Holy Thursday: 8:00pm the Lord’s Supper • Apr.18th Good Friday: <ul style="list-style-type: none"> ▪ 2:00pm Station of The Cross ▪ 3:00pm Liturgy of The Lord’s Passion ▪ 7:30pm Youth Stations of The Cross • Apr.19th Holy Saturday: 7:30pm Easter Vigil <p><i>*weekday Mass is cancelled during the Easter Triduum*</i></p>	<p>逾越節三日慶典 :</p> <ul style="list-style-type: none"> • 4月17日 聖週四: 8:00pm 主的晚餐 • 4月18日 聖週五: <ul style="list-style-type: none"> ▪ 2:00pm 苦路善功 ▪ 3:00pm 苦難禮儀 ▪ 7:30pm 青年苦路善功 (英語) • 4月19日 聖週六: 7:30pm 復活節夜間慶典 <p><i>*逾越節三日慶典期間 平日彌撒取消*</i></p>

[\(read more Lent information from Archdiocese of Toronto\)](#)

[\(總教區提供的更多四旬期資料\)](#)