



**TORONTO  
SERRA CLUBS**  
at your service -since 1952



**Attn: Pastor, Secretary or Bulletin Editor**  
**Here is a practical, free, labour saving service for you.**

**Serra's 'Vocation Seeds' are timely Parish Bulletin inserts corresponding to the theme of the Sunday liturgy for cycle 'C'. They have been welcomed by many busy Pastors and are being widely used.**

**Serrans invite you to use this handy tool to plant 'Vocation Seeds' in your parish every Sunday.**

**Serrans recognize and appreciate all Bishops, Priests, Religious and Deacons in your special ministry and vocation. We pray for you daily. Thank you for assisting us in our mission of promoting church vocations.**

**BULLETIN VOCATION INSERTS**  
**First Sunday of Advent 2021, to Christ the King 2022**

**First Sunday of Advent – November 28, 2021**

"Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life." Are worldly cares dragging you down? Be a follower of the Master. If God is calling you to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**Second Sunday of Advent - December 5, 2021**

Could God be calling you to be a priest, deacon, brother, or sister to help our world of today to truly "prepare the way of the Lord"? Contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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**Third Sunday of Advent - December 12, 2021**

Could God be calling you to be a priest, deacon, brother, or sister and announce the Good News to His People as John the Baptist did? Contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fourth Sunday of Advent - December 19, 2021**

Are you called to follow in the footsteps of Mary as a priest, deacon or religious to carry the Good News of God's great Love? Contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Nativity of the Lord - December 25, 2021**

We celebrate the birth of our Lord into our world; however, many have not received the birth of our Lord into their hearts. If Christ lives in your heart and you would like to help others discover the Lord, you may be called to be a priest, religious, or permanent deacon. If God is calling you, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Feast of the Holy Family - December 26, 2021**

By Baptism we are God's holy family. Pray today for the grace to live faithfully your vocation as a single, married, ordained, or consecrated person. If God is calling you to be a priest, religious or deacon contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Mary Mother of God - January 1, 2022**

Mary treasured all that God had done for her and pondered these things in her heart. Do you treasure God's gifts and ponder what He wants from you? You may have a vocation to a life in the Church serving Christ. If you think God is calling you to be a priest, religious, or permanent deacon, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Epiphany of the Lord - January 2, 2022**

“On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh.” God asks us to give our lives. What treasures have been given to you to share with others in Christ's name? If God is calling you to be a priest, religious or deacon contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Baptism of the Lord - January 9, 2022**

As John the Baptist introduced the people of his time to Jesus a voice from heaven said, “You are my Son, the Beloved, with you I am well pleased.” Perhaps God is calling you to do the same in our time as a priest, deacon or religious. If He is contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Second Sunday in Ordinary Time - January 16, 2022**

Pray to know how God wants to use your talents and abilities. Could it be He is calling you to consider priesthood, diaconate, or religious life? If He is contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Third Sunday in Ordinary Time - January 23, 2022**

You are the body of Christ; every one of you is a member of it. As a member of the body, we serve different roles. Are you willing to do your part? If God is calling you to be a priest, religious or deacon contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fourth Sunday in Ordinary Time - January 30, 2022**

No prophet is accepted in the prophet's hometown. Do not be discouraged by jeers when considering priesthood, diaconate, or religious life. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fifth Sunday in Ordinary Time - February 6, 2022**

Do not be afraid. If the Lord is calling you to the ordained or consecrated life, do not be afraid. Jesus calls and will give you the grace to respond wholeheartedly. If God is calling you to be a priest, religious or deacon contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Sixth Sunday in Ordinary Time - February 13, 2022**

Happy are those who know they need God. Happy too those who live faithfully the vocation of the life-commitment God calls them to, be it married, single, religious or priesthood. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Seventh Sunday in Ordinary Time - February 20, 2022**

The Lord Calls us to do God's Will. Pray that you may know God's Will in your life; especially, if you have the inclination that you are being called to the ordained or consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Eighth Sunday in Ordinary Time – February 27, 2022**

“In the Lord your labour is not in vain”. Is the Lord calling you to work in His vineyard? Pray to hear God’s call. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **First Sunday of Lent - March 6, 2022**

Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Second Sunday of Lent – March 13, 2022**

Peter, John and James had a mountaintop experience with Jesus by witnessing His transfiguration. We too can have a mountaintop experience when we open our minds and hearts to following God's Will for our lives. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Third Sunday of Lent - March 20, 2022**

The Lord is kind and merciful and calls us to proclaim His Name. Consider service in the priesthood or consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fourth Sunday of Lent - March 27, 2022**

Like the forgiving father of Luke's Gospel, God welcomes us home in spite of our sinfulness, and calls us to a life of holiness. Where are you at home? Are you being called to a life as an ordained or a consecrated person? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fifth Sunday of Lent – April 3, 2022**

What am I racing after in my life? Fame? Fortune? A life in Jesus? What is the prize I seek at the finish-line? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Passion (Palm) Sunday – April 10, 2022**

Blessed are they who come in the Name of the Lord! Am I being called to proclaim Jesus as a priest, deacon, religious brother or sister? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Easter Sunday – April 17, 2022**

The Lord is risen, it is true! Through our baptism He calls us to proclaim new life to the world. Pray for those who herald the Good News as priests, deacons and religious brothers and sisters. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Second Sunday of Easter - April 24, 2022**

Thomas believed because he saw Jesus. What will it take for you to respond to God's Call to priesthood, diaconate, or consecrated life? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Third Sunday of Easter – May 1, 2022**

How am I being called to feed the lambs of Jesus? Could it be as an ordained or consecrated person? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fourth Sunday of Easter – May 8, 2022 - World Day of Prayer for Vocations**

On this Good Shepherd Sunday we celebrate the World Day of Prayer for Vocations. Pray for an increase in vocations to the priesthood, diaconate, and religious life, especially for our diocese, that God will raise up good shepherds in our midst. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fifth Sunday of Easter – May 15, 2022**

The new commandment of love is required of everyone who follows the risen Lord. How do you fulfill the commandment? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Sixth Sunday of Easter - May 22, 2022**

Whoever loves me will keep my word, and my Father will love him and we will come to Him. How will I respond to that love? Am I being called to the priesthood, diaconate or religious life? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Ascension of the Lord - May 29, 2022**

The Lord said, "...you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." Pray for an increase of vocations to the ordained and consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Pentecost Sunday – June 5, 2022**

"Come Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love." Send forth workers into your vineyard. May some of our parishioners choose to serve you by becoming priests, deacons, brothers and sisters. If God is calling you, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Trinity Sunday – June 12, 2022**

Glory to the Father and to the Son and to the Holy Spirit. Listen to what Jesus says: "When the Spirit of Truth comes, he will guide you into all the truth." What is the 'truth' of your life? How can you best serve God? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Body and Blood of Christ - June 19, 2022**

Jesus has given us His Body to eat and His Blood to drink so as to nourish us on our journey towards the Kingdom. May we be faithful to him on our journey as a married, single, ordained or consecrated person. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Thirteenth Sunday in Ordinary Time - June 26, 2022**

Jesus still speaks the invitation " Follow Me." Pray for the strength and the grace of discernment if you feel He is calling you to be an ordained or consecrated person. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fourteenth Sunday in Ordinary Time - July 3, 2022**

“The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into His harvest.” Pray for vocations! If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Fifteenth Sunday in Ordinary Time - July 10, 2022**

It's a simple concept: love God with your whole being and put that love into practice. How is God calling you to love? Have you considered the way of loving called ‘priesthood’, ‘diaconate’ or ‘religious life’? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Sixteenth Sunday in Ordinary Time - July 17, 2022**

We are like Martha. There’s plenty to be anxious about but only one thing that is required of us. For five minutes today be like Mary, rest with Jesus and ask Him what He requires of you. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Seventeenth Sunday in Ordinary Time - July 24, 2022**

“Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you.” Try it! Then listen, look, and enter. Perhaps priesthood, diaconate or consecrated life awaits you. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Eighteenth Sunday in Ordinary Time – July 31, 2022**

“Be on your guard against all kinds of greed.” Grow rich in the sight of the Lord. Pray to know God's Will, especially if you think He's calling you to a Church vocation. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Nineteenth Sunday in Ordinary Time - August 7, 2022**

“Faith is the assurance of things hoped for, the conviction of things not seen.” What do you hope for in the future? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twentieth Sunday in Ordinary Time - August 14, 2022**

“...let us run with perseverance the race that is set before us...” If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-first Sunday in Ordinary Time - August 21, 2022**

The Lord is calling people from the East and West and from North and South as priests, deacons, sisters and brothers. Are you one of them? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-second Sunday in Ordinary Time – August 28, 2022**

Humble yourself and you will find favour with God. Are you being called to be a priest or deacon, brother or sister? Humbly ask the Lord if He is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-third Sunday in Ordinary Time - September 4, 2022**

Having a loose grasp on those things that rightly belong to God is required of every follower. The open hands you are left with will be filled by God and overflowing. Can you let go? If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-fourth Sunday in Ordinary Time - September 11, 2022**

God is the Father with the open arms. Who will preach this Good News of reconciliation? Consider service as a priest, deacon, brother or sister. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-fifth Sunday in Ordinary Time - September 18, 2022**

We cannot serve two masters. Which one are you willing to follow? Could it be you are being called to serve the Master as a priest, deacon, sister or brother? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-sixth Sunday in Ordinary Time - September 25, 2022**

But if only someone would go to them. Pray for those who are called to 'run the race' as priests, deacons, brothers or sisters. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-seventh Sunday in Ordinary Time - October 2, 2022**

"Increase our faith." Listen for the voice of God. Are you being called to be a priest, deacon or religious brother or sister? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-eighth Sunday in Ordinary Time - October 9, 2022**

How has Jesus touched you and made you whole? In gratitude, ask Him how He would like you to respond. Could Jesus be calling you to follow Him as a priest, sister, brother or deacon? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Twenty-ninth Sunday in Ordinary Time - October 16, 2022**

God will answer the prayers of those who cry out. Ask for men and women to respond to the call to service as priests, deacons, religious brothers and sisters. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Thirtieth Sunday in Ordinary Time - October 23, 2022**

**WANTED:** Humble sinners who know the forgiveness of God. These make good servants of the Gospel. They can be priests, deacons, brothers or sisters. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Thirty-first Sunday in Ordinary Time – October 30, 2022**

Can I risk sharing the goodness God has given me? Can I care for the needs of my brothers and sisters? Can I respond to God as a priest, deacon, brother or sister? If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Thirty-second Sunday in Ordinary Time - November 6, 2022**

Our God is a God of the living not of the dead. Have you had an experience of this living God and want to share it with others? You may be called to the priesthood, diaconate, or religious life. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Thirty-third Sunday in Ordinary Time - November 13, 2022**

“By your endurance you will gain your souls.” Be patient with yourself and with God as you await the sign of your call. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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### **Feast of Christ the King - November 20, 2022**

“Jesus, remember me when you come into your Kingdom.” Can you lead others to make this request of our Lord and King? Give your life to Jesus and others are sure to hear, “Truly I tell you, today you will be with me in Paradise.” If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

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## **Serra Prayer for Vocations**

**O God, Who wills not the death of a sinner, but rather that he be converted and live, grant we beseech You, through the intercession of the Blessed Mary ever Virgin, Saint Joseph her spouse, Saint Junipero Serra, and all the saints, an increase of labourers for Your church, fellow labourers with Christ to spend and consume themselves for souls, through the same Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, God forever and ever. Amen.**

### **Serra Prayer for the Perseverance of Vocations**

**O God, You have constituted Your only-begotten Son supreme and eternal Priest for the glory of Your majesty and the salvation of mankind. Grant that those whom He has chosen ministers and dispensers of His mysteries may be found faithful in fulfilling the ministry they received. Amen.**

## **Serra’s objectives and purposes**

- 1. To foster and promote vocations to the ministerial priesthood in the Catholic Church as a particular vocation to service, and to support priests in their sacred ministry.**
- 2. To encourage and affirm vocations to consecrated religious life in the Catholic Church.**
- 3. To assist its members to recognize and respond in their own lives to God’s call to holiness in Jesus Christ and through the Holy Spirit.**

## **Vocation Activities**

### **Serra Ordinandi Dinner**

A public celebration of Priesthood and Religious vocations.

### **Serra Altar Server Awards**

Planting vocation seeds by recognizing their valued service.

### **Serra Priest Appreciation Dinners**

Demonstrating our appreciation of our esteemed clergy.

### **Serra Retired Priest's Luncheon**

Honouring our long serving senior priests.

## **Other Serra Programs**

### **Serra 31 Club**

A parish vocations prayer program. No meetings. No dues.

### **Traveling Chalice Program**

A meaningful family vocations focus for prayers in home.

### **Seminarian Partnering**

Serrans share family events with out-of-town Seminarians.

### **Called By Name Program**

Originally developed by Serra International.

Serra has been called the lay vocations arm of the church.  
“The church needs Serra. Blessings on your work.”

Pope John Paul II