



# 天主教多倫多中華殉道聖人堂 The Chinese Martyrs Catholic Church

2755 Denison Street, Markham, Ontario, Canada L3S 2J3

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## 粵語婚配聖事準備課程 「滿載喜樂的婚姻」

「人單獨不好，我要給他造個與他相稱的助手。」（創 2:18）

「從創造之初，天主造了他們一男一女。為此，人要離開他的父母，依附自己的妻子，二人成為一體，以致他們再不是兩個，而是一體了。所以，天主所結合的，人不可拆散。」（谷 10:6-9）

婚姻不但是人生重要的大事，更是天主給人類愛的計劃，是一個聖召。天主邀請進入婚姻聖事的男女，生命從此不再是兩個，而是一體，並挽手行甘苦與共的路。

堂區將於 2024 年在 3 月 30 日至 4 月 27 日舉辦粵語婚配聖事準備課程，讓準備婚姻聖事的參加者深入認識自己與配偶，並一起裝備，為能領受天主的恩寵，喜樂地迎接未來「無論環境順逆、疾病健康，我將永遠愛慕尊重你，終身不渝」的愛的承諾。

|     | 2024 年                       |
|-----|------------------------------|
| 日期: | 3 月 30 日、4 月 6、13、20 日及 27 日 |
|     | 星期六上午 9:00 時至下午 1:00 時       |

地點: 多倫多中華殉道聖人堂堂區中心 #B1 室

**【4 月 20 日將採用 #203 室】**

語言: 粵語 (給予中、英語講義及練習)

費用: 每對夫婦, 加幣 \$200 元 (包括講義、証書、參考資料等)

對象: 1. 準備結婚人士

2. 剛結婚夫婦

3. 想認識婚姻生活的男女

報名: 請將填妥的表格及費用交回堂區辦公室, 不設退款。

查詢: Kelvin and Carmen Tsang: 416-301-7283

e-mail address: marriagejoyfilled@gmail.com

### 課程內容

| 婚姻生活實用錦囊         | 天主計劃的婚姻           |
|------------------|-------------------|
| - 婚姻的承諾與德行       | - 天主建立的婚姻聖事       |
| - 婚姻的目標與使命       | - 基督修復天主的計劃       |
| - 愛與溝通           | - 「我願意」代表什麼?      |
| - 意見分歧的處理        | - 夫婦之愛與忠誠         |
| - 家庭經濟、資源運用、時間分配 | - 欣賞並對生育開放、自然生育計劃 |
| - 親密愛人: 性與祈禱生活   | - 邀請天主居於我們的婚姻生活   |

注意: 參加者必須出席全部課程及完成習作, 才能領取証書



## Chinese Martyrs' Catholic Church - Cantonese Holy Matrimony Preparation Course

“It is not good that the man should be alone; I will make him a helper as his partner.” (Gen 2:18)

“ But from the beginning of creation, ‘God made them male and female.’ ‘For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.’ So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.” (Mark 10:6-9)

Marriage is not only a great milestone of life, but it is also God's plan for man and woman, a vocation. God invites man and woman who are receiving the Sacrament of Matrimony to live in a life of “Two become one flesh”.

Our parish will be holding a Holy Matrimony preparation course in Cantonese from 30th of March to 27th of April 2024. This course will provide an opportunity for the couple to deepen their understanding of oneself and his/her future spouse. It would also invite them to fully open themselves in welcoming God’s grace to joyfully live in a life of their commitment “*to be faithful to you in good times and in bad, in sickness and in health, to love you and to honor you all the days of my life.*”

|       |   |
|-------|---|
|       | <b>2024</b>   |
| Date: | <b>30th of March, 6th , 13th , 20th , &amp; 27th of April</b> |
| Time: | <b>Saturday 9:00 AM - 1:00 PM</b>                             |

Venue: Chinese Martyrs Catholic Church Room #B1 【April 20 - Rm#203】

Language: Cantonese (with English & Chinese hand-out and exercise)

Cost: \$200 for a couple (including Course Hand-out, Reference booklet & Certificate)

Who should attend:

1. Couples preparing for marriage
2. Just married couples
3. Any couple who want to learn more about marital relationship

Registration: Please submit completed registration form and course fee payment to the CMCC parish office. Submitted course fee is not refundable.

Inquiry: Kelvin and Carmen Tsang: 416-301-7283;

**e-mail: [marriagejoyfilled@gmail.com](mailto:marriagejoyfilled@gmail.com)**

### Course Contents

| <b>Life Skills for Couples</b>                      | <b>God’s Plan for Love</b>                    |
|---|---|
| - An introduction of life skills for couples        | - God’s plan for marriage in the beginning    |
| - Marriage mission and the role of virtue           | - Christ restores God’s plan for marriage     |
| - Communicating love                                | - To what are you saying, “I do”?             |
| - Resolving conflict                                | - Where the words of your vows became flesh   |
| - Managing your time, money, and energy             | - The beauty of openness to life              |
| - Fostering intimacy in marriage–sexuality & prayer | - Living God’s plan for a joy-filled marriage |

Remarks: Certificate will be issued at the end of the course for those participants with 100% attendance.