

Chinese Martyrs' Catholic Church - Cantonese Holy Matrimony Preparation Course

“It is not good that the man should be alone; I will make him a helper as his partner.” (Gen 2:18)

“But from the beginning of creation, ‘God made them male and female.’ ‘For this reason, a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.’ So, they are no longer two, but one flesh. Therefore, what God has joined together, let no one separate.” (Mark 10:6-9)

Marriage is not only a great milestone of life, but it is also God's plan for man and woman, a vocation. God invites man and woman who are receiving the Sacrament of Matrimony to live in a life of “Two become one flesh”.

The parish will host a Cantonese Joy-Filled Marriage Course this autumn, taking place from October 31 to November 28 (5 consecutive Saturday mornings). This in-person course not only explores God's plan for marriage in-depth but also features mentor couples sharing practical tips for married life to encourage Christian couples to live out a rich and beautiful marriage!

Engaged couples planning to marry in 2027, couples needing con-validation of their marriage, and anyone desiring a deeper understanding of Catholic marriage are welcome.

Date: 2026	October 31st	November 7th	14th	21st	28th
Venue: Chinese Martyrs Catholic Church	Room #B2	Room #B1	Room #B1	Room #B2	Room #B4
Time:	Saturday 9:00 AM - 1:00 PM				

Language: Cantonese (with English & Chinese hand-out and exercise)

Cost: \$200 for a couple (including Course Hand-out, Reference booklet & Certificate)

Who should attend:

1. Couples preparing for marriage
2. Just married couples / Con-validation of Marriage / 2nd Marriage
3. Any couple who want to learn more about marital relationship

Registration: Please submit completed registration form and course fee payment to the CMCC parish office. Submitted course fee is not refundable.

Inquiry: Kelvin and Carmen Tsang; 416-301-7283;

e-mail: marriagejoyfilled@gmail.com

Course Contents

Life Skills for Couples	God's Plan for Love
- An introduction of life skills for couples	- God's plan for marriage in the beginning
- Marriage mission and the role of virtue	- Christ restores God's plan for marriage
- Communicating love	- To what are you saying, "I do"?
- Resolving conflict	- Where the words of your vows became flesh
- Managing your time, money, and energy	- The beauty of openness to life
- Fostering intimacy in marriage-sexuality & prayer	- Living God's plan for a joy-filled marriage

Remarks: Certificate will be issued at the end of the course for those participants with 100% attendance.